



## MENTORING IN ACTION

"Your influence begins with you and ripples outward."

Lao Tzu



### EDU 646 **Mindful Teaching**: *Refining Your Practice to Inspire Student Learning*

*Is it time to focus on your own classroom and explore new learning strategies?  
Do you need to meet the 50 hours of mentoring beyond your induction year one?\**  
*Are you looking for ways to enhance your teaching to increase student learning?*

**If you said *yes* to any of these questions this course is for you!**

**In *Mindful Teaching* you will:**

- ✓ **READ**: articles and a practical resource book to focus your inquiry
- ✓ **ALIGN**: all course assignments to the Standards and Evaluation Rubric
- ✓ **EXPLORE**; Mindfulness and SEL strategies to help minimize competing agendas
- ✓ **REFLECT**: each month and respond in writing to an online Mindful Mentor
- ✓ **SELF-ASSESS**: your teaching practices and complete a course assessment
- ✓ **TRANSFORM**: your teaching experiences to inspire learning for students

**REGISTRATION**: \$595 includes all fees, an online mentor, 3 graduate credits (67.5 PDPs) from Gordon College. Contact [Karen.Gannon@comcast.net](mailto:Karen.Gannon@comcast.net) to register for Winter (January-June) course.

*"This course helped me to see new ways of managing my classroom, as well as my own expectations of myself as a teacher. It made me reflect on my practices and try to improve student learning in multiple ways."*



**BALANCE** competing agendas!

**INSPIRE** yourself and your students! **LEAD** your classes to success!

*\* meets 40 hours for the 50 hours of mentoring beyond year one requirement (DESE Induction)*