



Mentoring in Action

BALANCE. INSPIRE. LEAD. *TRANSFORM* from the 
mentoringinaction.com

Online Graduate Credit Course! EDU 646

Mindful Teaching: Refining Your Practice to Inspire Student Learning

PURPOSE: This course is a unique blend of inquiry, intention, innovation in practice, and insights gained through reflection. All of these processes are framed in the context of required regulations. We want teachers to “*balance*” their teaching time and lives, “*inspire*” themselves so they can inspire others, and “*lead*” their students to success in the classroom and beyond. The intention of **Mindful Teaching** is to create a space for the “*art of teaching*” to emerge through experiences that inspire both teacher and student learning.

We are inviting teachers to register who are:

- ***experienced*** and are seeking practical, professional development to refresh their teaching practices while earning graduate credit and PDPs.
- ***beginning their careers*** and want to keep learning. Note: course hours may be used toward the required 50 hours beyond year 1 (DESE Guidelines 2018).
- ***struggling with aspects of the educator evaluation*** standards and are seeking one-one support in a confidential, reflective online environment.

PARTICIPANTS WILL:

- ✓ **COMPLETE:** 5 online modules that include practical ideas, readings and videos
- ✓ **ALIGN:** course assignments to the educator evaluation rubric
- ✓ **EXPLORE:** mindfulness and SEL strategies to help minimize stress
- ✓ **TRANSFORM:** your teaching experiences to inspire learning for students

REGISTRATION OPTIONS:

1. **Summer course calendar** is designed for educators who like an accelerated approach and prefer taking courses when they are not teaching. Module assignments are due weekly in the summer. Final Exam due October 15, to allow time for using new ideas learned from summer modules. Due dates can be modified for summer vacations.
2. **Fall course calendar** is designed for educators who like to apply what they are learning as they go. September – February. Assignments due monthly.

COST: \$595 includes all fees, 3 graduate credits and 67.5 PDPs from Gordon College.

REGISTRATION: is located on our website MentoringinAction.com. Credit card payment is available. If the district is paying for the course a “Third Party” option is offered in the Step 2. Pay and Register section.

QUESTIONS? or INTEREST in District Cohort Option?

Contact Carol MentoringinAction@gmail.com.