



Mentoring in Action

BALANCE. INSPIRE. LEAD. *TRANSFORM from the* ♥
mentoringinaction.com

Online Graduate Credit Course! EDU 716

Mindful Leadership *in Action*: Supporting and Retaining Novice Teachers

"In this course I became more aware of the idea that for students to achieve happiness and peace in school they need teacher role models who are also happy and peaceful. I also realized that if I am a mindful leader, I am better able support my teachers and students."

PURPOSE: Principals, assistant principals, and district leaders responsible for mentor training and induction are often overloaded with responsibilities. This online course introduces current DESE Guidelines, offers practical ideas, and uses mindfulness approaches to minimize anxiety and promote wellness and self-care.

CONTENT: Content is delivered online using videos, articles, and a reflection journal.

- ✓ Welcome Email and Introduction Email from Course Instructor
- ✓ **Five modules include these topics:**
 - 1) Social and Emotional Learning for Leaders
 - 2) Shared Leadership to Support Novice Teachers and Mentors
 - 3) Aligning Mentoring and Induction to Educator Evaluation Standards
 - 4) Collaborating With Mentors to Document Teacher Effectiveness, and
 - 5) Mindful Leadership in Action
- ✓ Final Reflection and Exit Survey

REQUIREMENTS:

- ✓ Purchase four practical books
- ✓ Complete 5 modules and design a useful project for your district/school
- ✓ Participate in three 5 Minute Meetings and two phone appointments
- ✓ Complete a final reflection and exit survey at the end of the course

COST: \$795 includes all fees, 3 graduate credits and 67.5 PDPs for recertification (Gordon College).

REGISTRATION: [MentoringinAction.com/courses](https://mentoringinaction.com/courses) to register on the Gordon College link located on our website. Credit card payment is available. If the district is paying for the course a "Third Party" option is offered in the Step 2. Pay and Register section.

This course is only offered once a year in the summer session. Special arrangements and deadlines are available for participants on vacation during part of the summer

District Cohort Option: Interested in registering a group of administrators from your district? Contact Carol Pelletier Radford for information. MentoringinAction@gmail.com.

REGISTER ONLINE!

Go to [MentoringinAction.com](https://mentoringinaction.com) Courses/Registration page