



# Mentoring in Action

BALANCE. INSPIRE. LEAD. *TRANSFORM* from the   
[mentoringinaction.com](http://mentoringinaction.com)

## Online Graduate Credit Course! EDU 646 Mindful Teaching: Refining Your Practice to Inspire Student Learning

**PURPOSE:** This course is a unique blend of inquiry, intention, innovation in practice, and insights gained through reflection. All of these processes are framed in the context of required regulations. We want teachers to “*balance*” their teaching time and lives, “*inspire*” themselves so they can inspire others, and “*lead*” their students to success in the classroom and beyond. The intention of **Mindful Teaching** is to create a space for the “*art of teaching*” to emerge through experiences that inspire both teacher and student learning.

### ***We are inviting teachers to register who are:***

- ***experienced*** and are seeking practical, professional development to refresh their teaching practices while earning graduate credit and PDPs.
- ***beginning their careers*** and want to keep learning. Note: course hours may be used toward the required 50 hours beyond year 1 (DESE Guidelines 2018).
- ***struggling with aspects of the educator evaluation*** standards and are seeking one-one support in a confidential, reflective online environment.

### **PARTICIPANTS WILL:**

- ✓ **COMPLETE:** 5 online modules that include practical ideas, readings and videos
- ✓ **ALIGN:** course assignments to the educator evaluation rubric
- ✓ **EXPLORE:** mindfulness and SEL strategies to help minimize stress
- ✓ **TRANSFORM:** your teaching experiences to inspire learning for students

**Timeline:** Check with course coordinator for course calendar. Email [Karen.Gannon@comcast.net](mailto:Karen.Gannon@comcast.net) for details.

**COST:** \$595 includes all fees, 3 graduate credits and 67.5 PDPs from Gordon College.

**REGISTRATION:** is located on our website [MentoringinAction.com](http://MentoringinAction.com). Credit card payment is available. If the district is paying for the course a “Third Party” option is offered in the Step 2. Pay and Register section.

### **QUESTIONS? or INTEREST in District Cohort Option?**

Contact Carol [MentoringinAction@gmail.com](mailto:MentoringinAction@gmail.com).